THE HIDDEN BATTLES WOMEN FACE DURING DIVORCE



"Divorce is a declaration of independence with only the first step in a long process of rebuilding oneself." — Anonymous

Divorce can be a painful and challenging experience for everyone involved, but it often hits women the hardest. Many women face significant struggles during and after a divorce, especially when it comes to raising children on their own.

When couples part ways, it is common for men to walk away from their responsibilities, leaving women to shoulder the burden of parenting alone. This often means that women must manage the emotional fallout of the divorce while also taking care of their children's needs.

For many mothers, the financial strain is overwhelming. With the divorce, they might suddenly find themselves as the sole provider. Without adequate support from their ex-husbands, they struggle to make ends meet while also trying to provide a stable home for their children. This can lead to difficulties in meeting basic needs like food, clothing, and education.

Women often face significant societal pressures and stigma as single mothers, which can heighten their feelings of isolation. The judgments from others can lead to emotional stress, making it difficult for them to focus on their own well-being and that of their children. The emotional toll of divorce can also impact their mental health, leading to sadness, anxiety, and guilt about the potential effects on their kids, which creates a cycle of hardship.

Despite these challenges, many women exhibit remarkable resilience and adapt to provide for their families, often drawing strength from their love for their children. It's crucial for society to recognize these struggles and offer support, as communities can play a vital role by providing resources like financial aid, counseling, and childcare assistance. By coming together to support single mothers, we can help ease their burdens and contribute to a brighter future for both them and their children.

From the E.D's DESK Oguadimma Ijeoma Joy

WEPBI STRENGTHENS COMMUNITY TIES IN NKANU WEST AND UDI LOCAL GOVERNMENT AREAS



Women Empowerment and Peace-Building Initiative (WEPBI) recently undertook a familiarization visit to the communities of Oruku, Okpatu, Umuode, and Awhum in Nkanu West and Udi Local Government Areas. This initiative aimed to deepen connections with local communities and explore potential areas for collaboration in advancing women's rights and inclusion.

During the visit, WEPBI engaged with community leaders, residents, and local organizations to discuss the challenges faced by women and the importance of their active participation in decision-making processes. By fostering dialogue and building relationships, WEPBI aims to empower women, enhance peace, and promote sustainable development within these communities.

Through this visit, WEPBI reaffirms its commitment to supporting women's rights and fostering a culture of inclusion and peace in every community it serves.



WEPBI NEWSLETTER

SEPTEMBER 2024 EDITION

WEPBI PARTICIPATES IN STAKEHOLDER ENGAGEMENT FOR ENUGU STATE 2024 LOCAL GOVERNMENT ELECTIONS



Women Empowerment Education and Peace Building Initiative (WEPBI) joined other stakeholders at the Stakeholder Engagement for the 2024 Enugu State Local Government Elections, organized by ActionAid in collaboration with Sub-Saharan Social Development Organisation (SSDO) and Justice Development and Peace Commission (JDPC).

Held on September 18, 2024, at Bon Platinum Hotel, Enugu, The event brought together representatives from Civil Society Organizations (CSOs),

political parties, religious and traditional leaders, and security agencies. Key discussions centered on ensuring peaceful, inclusive, and transparent elections, with particular focus on marginalized groups such as Persons with Disabilities (PWDs). The engagement emphasized collaboration between political parties, security agencies, and the electoral commission to address election security, promote transparency, and foster accountability.

The event concluded with the signing of a Peace Accord by representatives of 16 political parties, the Enugu State Independent Electoral Commission (ENSIEC), the Enugu State Commissioner of Police, and other stakeholders, committing to peaceful elections.



WEPBI JOINS NEEM FOUNDATION'S WELLNESS SESSION ON MENTAL HEALTH AND WORK-LIFE BALANCE



WEPBI participated in a two-day wellness session organized by NEEM Foundation in Abuja, aimed at addressing mental health challenges within Civil Society Organizations. The event, held at Nigeria Ventures Park, brought together representatives from various organizations to discuss topics such as self-care, mental health disorders, depression, psychosomatic issues, and achieving work-life balance.

Speakers emphasized the importance of self-care, stress management, and engaging youth, women, and children in mental health awareness.

A lively Q&A session provided insights into coping with workplace stress and personal anxiety, highlighting the need for resilience, regular exercise, and a balanced diet for mental well-being. The session ended with a call to prioritize intentional mental health care in daily life.





WEPBI NEWSLETTER

SEPTEMBER 2024 EDITION

ENUGU STATE GOVERNMENT MARKS 2024 GLOBAL WEEK: ADVANCING SDGS THROUGH PUBLIC AND PRIVATE PARTNERSHIPS







WEPBI participated in a vital engagement between the Enugu State Government and Civil Society Organizations (CSOs) on September 28th, 2024, at De Base Event Centre, Enugu, as part of the 2024 Global Week celebrations.

The event, themed "Advancing the SDG's in Enugu State: Mobilizing Public and Private Partnership," emphasized the crucial role of CSOs, including WEPBI, in shaping policies, holding the government accountable, and fostering sustainable partnerships.

Key discussions centered on innovative financing strategies, local collaboration, and the commitment to driving Enugu State's progress towards achieving the 2030 SDG goals.

WEPBI Declutter Initiative: Making a Difference Together!



Join WEPBI's Declutter Initiative and turn your unused household items into hope for those in need! This campaign invites you to donate gently used clothing, kitchen utensils, electronics, and more to support rural communities. By participating, you can help make a meaningful impact and promote sustainability in our environment. Together, let's create space in our homes while sharing our abundance with those who truly need it.

Your contribution can transform lives!

WEPBI NEWSLETTER

SEPTEMBER 2024 EDITION

Empower Your Future your at the Women Leadership Academy!



Join the Women Leadership Academy (WLA), designed exclusively for women and young girls! Gain essential leadership skills for national development and good governance. Don't miss this opportunity to amplify your voice and make a difference —sign up today!

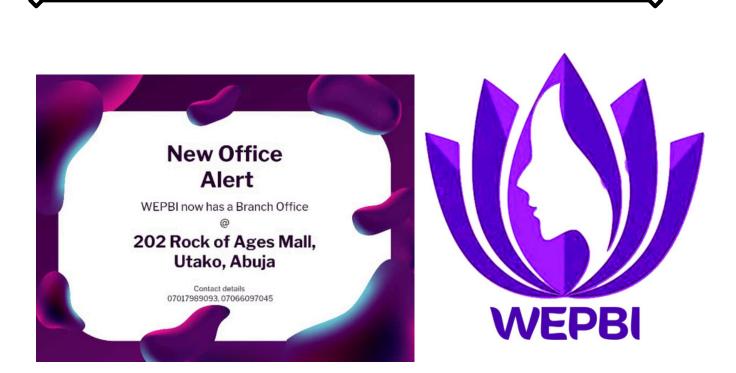
Join us in empowering girls through the One-Girl One Pad initiative! Your support can provide essential menstrual hygiene products, ensuring that every girl has access to sanitary pads, promoting health and dignity.

Get involved today!



SHOUTOUT!!!

To our donors, partners, and communities! Your support empowers women and girls, creating meaningful change. We couldn't do it without you!



Address - No. 27 Nwafor Orizu Independence Layout, Enugu State
Website - www.wepbi.com
Facebook - @wepbi89
Instagram - wepbi892
LinkedIn - @wepbinitiative
MatsApp - +237017989093